

## Lesson: How could you win a tug-of-war against a bunch of adults?

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<b>balanced forces</b>	two equal forces that push or pull in opposite directions so that the object doesn't move
<b>force</b>	a push or a pull
<b>pull</b>	to move an object toward you
<b>push</b>	to move an object away from you
<b>unbalanced forces</b>	two forces that push and pull in opposite directions where one force is greater than the other so that the object moves